

# THE JOURNEY

thejourneymag.com

## MIND, BODY & SOUL EXPO 2010

Friday, Saturday & Sunday • September 10, 11 & 12

FRI. 3-9 PM • SAT 10 AM - 9 PM • SUN 10 AM - 6 PM

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### Driving Directions

Lakeland Community College  
7700 Clocktower Drive  
Kirtland, Ohio 44094

**From Cleveland, Toledo and West** - Take I-90 East through Downtown Cleveland towards Erie PA. Exit at Rt. 306/ Kirtland, turn right at the exit and look for Lakeland Community College immediately on the left.

**From Akron, Canton and South** - Take I-77 North to I-271 North to I-90 East. Exit at Rt. 306/Kirtland, turn right at the exit and look for Lakeland Community College immediately on the left.

**From Youngstown & Pittsburgh** - Take I-76 West (PA Turnpike) to I-80 West (Ohio Turnpike) Exit at I-480 and take 480 to I-271 North to I-90 East. Exit at Rt. 306/Kirtland, turn right at the exit and look for Lakeland Community College immediately on the left.

**From Erie, Buffalo and East** - Take I-90 West and exit at Rt. 306/Kirtland, turn left at the exit and look for Lakeland Community College immediately on the left. Upon entering the Lakeland Campus, turn left at the fork and follow the EXPO signs. Do not worry - parking will not be an issue.

Have a safe trip! Lost? Call 440-223-1392 for help.

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### Special Discounted Lodging

**Red Roof Inn**  
4166 State Route 306  
Willoughby, Ohio 44094  
440.946.9872

**Days Inn**  
4145 State Route 306  
Willoughby, Ohio 44094  
440.946.0500

**Lawnfield Inn**  
8434 Mentor Ave.  
Mentor, Ohio 44060  
440.205.7378

Please mention the Journey EXPO at Lakeland in order to receive a special discount.